

THERAPY POOL SCHEDULE

FEBRUARY 26-JUNE 2, 2007

5:30 AM	LMH	Closed	LMH	Closed	LMH		<p style="text-align: center;"><u>Therapy Pool</u> <u>Family Swim</u></p> <p>Monday-Saturday: Noon-1 p.m. Tuesday: 7-7:30 p.m. Thursday: 7-8 p.m. Friday: 6:30-9:30 p.m. Saturday: 3-5:30 p.m. Sunday: 1-4:30 p.m.</p> <p>*Children under the age of 18 must be accompanied by a parent or guardian</p>
6:00 AM							
7:00 AM							
8:00 AM					Open Swim		
9:00 AM					Yoga Afloat		
10:00 AM	Arthritis	Adapted Aquatics	Arthritis	Adapted Aquatics	Arthritis	Swim Lessons	
10:30 AM							
11:00 AM	Swim Lessons		Swim Lessons				
11:30 AM							
12:00 PM	Family Swim	RSC Lessons Family Swim	Family Swim	RSC Lessons Family Swim	Family	Adapted Aquatics	
1:00 PM	LMH	LMH	LMH	LMH	LMH	Family Swim	
2:00 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
5:00 PM		Swim Lessons		Swim Lessons			
5:30 PM	Arthritis		Arthritis		Arthritis		
6:00 PM							
6:30 PM	LMH		Whiz Kids		Family Swim	<p style="text-align: center;"><u>Therapy Pool</u> <u>Open Swim</u></p> <p>Monday: 4:30-5:30 p.m. 7:30-9:30 p.m. Tuesday: 4:30-5 p.m. 8:15-9:30 p.m. Wednesday: 4:30-5:30 p.m. 6:30-9:30 p.m. Thursday: 4:30-5 p.m. 8:15-9:30 p.m. Saturday: 1-3 p.m.</p> <p>*Children under the age of 8 must be accompanied by a parent or guardian age 18 or older unless registered in a structured program.</p>	
7:00 PM		Family Swim	Open Swim	LMH			
7:30 PM	Open Swim	Adult Lessons		Open Swim			
8:00 PM							
8:15 PM		Open Swim					
8:30 PM							
9:00 PM							
9:30 PM							
10:00 PM							

OPEN SWIM: Swim time available to all ages. However, children under the age of 8 must be accompanied by a parent/guardian of 18 years or older unless registered in a structured youth program.

FAMILY SWIM: Children under the age of 18 must be accompanied by a parent/guardian in the Therapy Pool. Children ages 8 thru 18 may swim in the 8 lane pool; parent or guardian must be in the building.

SWIM MEETS: The pool, therapy pool and hot tub will be closed ALL DAY for Sectionals on March 3